

CAUDWELL YOUTH

OUTCOMES REPORT FEBRUARY 2024



SHAPING
YOUNG
PEOPLE'S
FUTURES



Registered Charity Number 1200757
Broughton Hall, Broughton, Staffs, ST21 6NS
www.caudwellyouth.org

REFERRALS INTO CAUDWELL YOUTH



Our mission for this year is to support 265 at-risk young people and so far, in 2024 alone, we have received 73 new referrals of support for young people aged 11 – 24.

We've expanded our support in Luton and launched support in Slough this year and we are due to expand in Buckinghamshire and Hertfordshire soon.

Due to unprecedented and increasing demand for our mentoring service, we are unfortunately having to close referrals into all areas except Slough for the time being, to avoid long waiting times for support to those newly referred.

We don't want young people on long waiting lists, where their circumstances may change and they're not receiving the support they need.

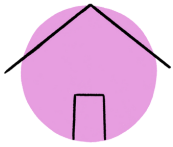
We have teams across all areas working on their current waiting lists to ensure all young people currently referred receive ongoing support.

We will continue to review resource and advise when this situation changes. If you would like to help, connecting, liking and sharing our social media posts for mentor recruitment, fundraisers and donations would be gratefully appreciated.

Thank you for your understanding, please sign up to our notice below to get the latest updates.

12/02/2024

[Sign up](#)



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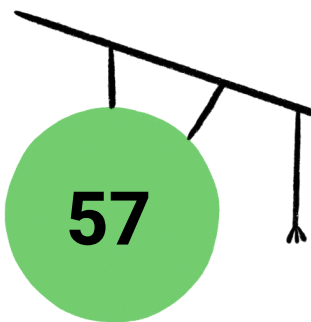
Welcome to the February 2024 Caudwell Youth Outcomes Report! We are proud to be able to write about, shout about and celebrate our young people and their achievements. We would like to take the opportunity to thank all of our supporters; volunteers, Torchrunners, Youth Support Coordinators and donors for their support and dedication in shaping young people's futures and helping to contribute to these outcomes.

Our young people complete their own outcomes surveys, evaluating their progress and sharing their achievements.

Collecting and collating our outcomes is important because:

- It empowers our young people to evaluate and reflect on their progress,
- It provides an opportunity to regularly review the goals our young people set for themselves,
- Gives young people the opportunity to feedback on the support they are receiving and the service we are providing,
- Allows Caudwell Youth to monitor and evaluate the progress our young people are making,
- Highlights the issues facing our young people,
- Helps Caudwell Youth to tailor the service to the young people we are working with.

CURRENTLY, WE ARE WORKING WITH:



**OPEN
REFERRALS**



YOUNG PEOPLE

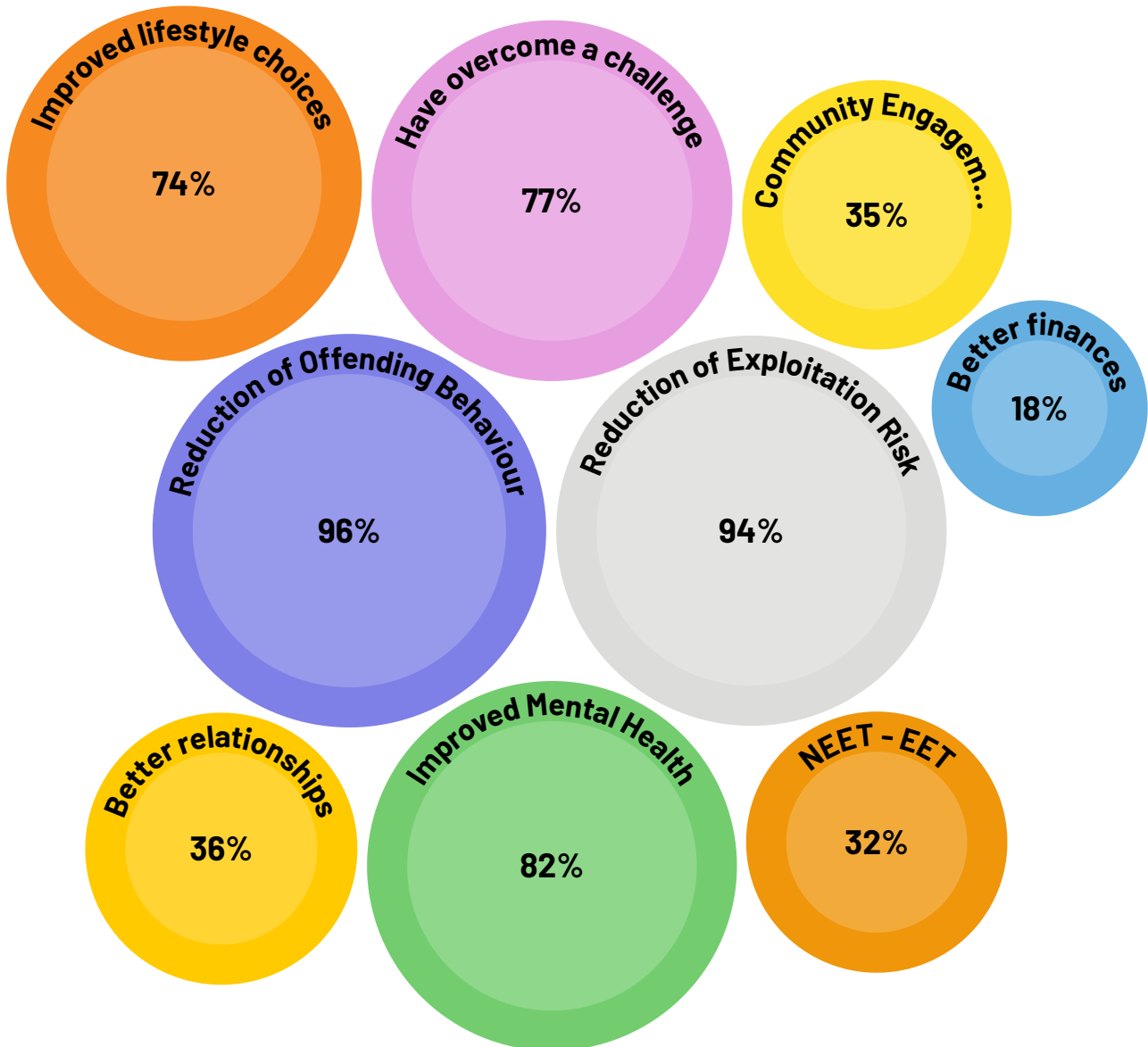


MENTORS

We have just launched our short term intervention program in Hertfordshire, currently working with 9 young people with spaces to support 25. These young people are not included in our outcomes as the program has launched recently.

OUR KEY OUTCOMES

An amazing **142 young people** completed this survey, that is **80%** of those we are currently working with.



These outcomes represent positive changes in young peoples lives, showing clear movement towards reducing risk of exploitation and offending, whilst engaging more in their community, bettering their relationships, finances and overcoming personal hurdles.

We're proud to share these and evidence the support we provide to young people at-risk. Thank you to all of our mentors and team who are supporting young people to shape their own futures.

Thank you to all of the young people who reflected on their experiences and shared their progress and achievements with us.

BEHIND EVERY STATISTIC IS A YOUNG PERSON

Your support for the work of Caudwell Youth makes a real difference, shaping young people's futures.

Outcome	%	Description
Reduction of Offending Behaviour	96%	96% of Young People whose presenting need was 'at risk of offending', did not offend whilst working with us.
Reduction in Substance Use	33%	We ask our young people to evaluate their usage of illegal substances, alcohol, vapes and cigarettes.
Increased engagement in Education	32%	32% who were NEET (not in education, employment or training) at referral are now EET (in education employment or training).
Community Engagement	35%	35% of our young people are positively engaging in their local communities; through work, work experience, sport and volunteering, as compared to 25% at referral.
Reduction of Exploitation Risk	94%	94% of young people who were high risk of exploitation when they were referred to Caudwell Youth, have lowered their risk.
Improved Mental Health	82%	82% of young people have said their mental health has got better or stayed the same in the 2 weeks before taking the survey. (It is recognised that people struggle to reflect on their mental health over a period longer than 2 weeks.)
Social Relationships	36%	36% of young people have said their social relationships have improved since working with Caudwell Youth.
Life Goals	69%	69% of young people feel they are on track in achieving their goals set at their initial assessment. These are identified positive life goals regarding health, wellbeing, education, relationships and offending behaviour.
Mentoring	8.6/10	On average, Young People rated their mentoring experience 8.6/10.



WHAT YOUNG PEOPLE HAVE TO SAY

Being able to talk through problems. Going out with mentor has been one of the most amazing experiences that I have had. The mentor has taught me things that I never knew I needed to know.

Building up the relationship with my dad again

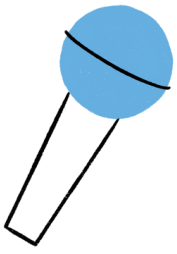
I socialise more and I am happy to leave the house. Mental health significantly better and take meds with no problem. I feel more confident and feel I can achieve on my own without Adult supervision.

Everything is a lot better than it was before, confidence, self esteem and well being, positive outlook on life

Being more comfortable around people and places, my confidence has grown, and waking up and actually leaving the house

Enjoy having someone to talk to that is not one of the wider professional team and not parents

I had to go to an interview for my part time job. I had to travel to a neighbouring town on my own by train to meet someone to do the interview. She asked me lots of practical questions about the job, and I had to come up with lots of scenarios and answers. I think it went really well and she really valued how honest I was about my experience with neurodiversity



WHAT YOUNG PEOPLE HAVE TO SAY

I felt nervous in a session because we were going somewhere new. I asked my mentor to ask the questions and do the talking. But I got in there and felt more confident so I asked things myself and enjoyed going there. I was really proud of myself

Giving up alcohol, not smoking cigarettes, better relationship with parents, engaging with Caudwell Youth regularly

Attending North Hertfordshire College for an interview.... and getting accepted on a course for September

Meeting my new friends. Going with my mentor for a visit to London

Feeling very suicidal during November/ December I was determined to end my life, always had mental health problems due to being in care and going through a lot of trauma during my childhood. Staying at my job for 7 months, finishing uni! i got a 2.2!

Overcame urge to relapse

Staying at school and trying my hardest

Got over my fear of speaking on the phone to people

Breaking up with my boyfriend, because he was taking advantage of me