



# CAUDWELL YOUTH

Outcomes Report  
October 2023

Charity Number 1200757

[www.caudwellyouth.org](http://www.caudwellyouth.org)



# Outcomes Report

## October 2023

Welcome to the October 2023 Caudwell Youth Outcomes Report! We are proud to be able to write about, shout about and celebrate our young people and their achievements. We would like to take the opportunity to thank all of our supporters; volunteers, Torchrunners, Youth Support Coordinators and donors for their support and dedication in shaping young people's futures and helping to contribute to these outcomes.

Our young people complete their own outcomes surveys, evaluating their progress and sharing their achievements.

Collecting and collating our outcomes is important because:

- It empowers our young people to evaluate and reflect on their progress,
- It provides an opportunity to regularly review the goals our young people set for themselves,
- Gives young people the opportunity to feedback on the support they are receiving and the service we are providing,
- Allows Caudwell Youth to monitor and evaluate the progress our young people are making,
- Highlights the issues facing our young people,
- Helps Caudwell Youth to tailor the service to the young people we are working with.

## This month we celebrated 1 year of Caudwell Youth!

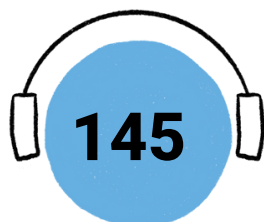
In the last year we have:

Received over 275 referrals

Received 275 volunteer sign ups

We have worked with 157 young people in our first year

### Currently, we are working with:



Young People



Mentors

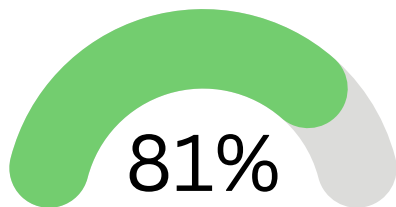
*"My social anxiety has improved so much. I don't have as much aggression towards my family, I'm not going online. I'm learning about sexual behaviours and the risks, I've begun talking about emotions. My mentor helped me start school after being off for 7 months."*

*"I have had a lot of support from my mentor and this has helped me to become more confident and helped me get into work."*

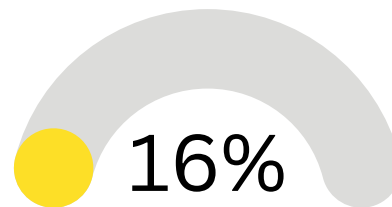
# Our Young People

We have a breadth of knowledge and experience working with young people, in particular, those who are care experienced, facing mental health challenges, at risk of/offending and at risk of exploitation

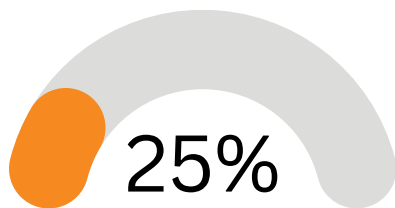
All our young people are experiencing at least one of these needs, however most experience multiple needs which compounds the level of risk they face. **On average, our young people face 2 of these presenting needs.**



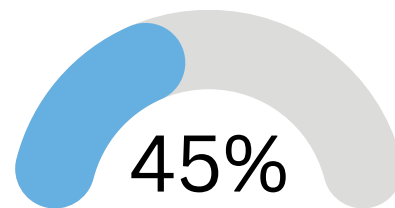
of young people report having **mental health challenges**



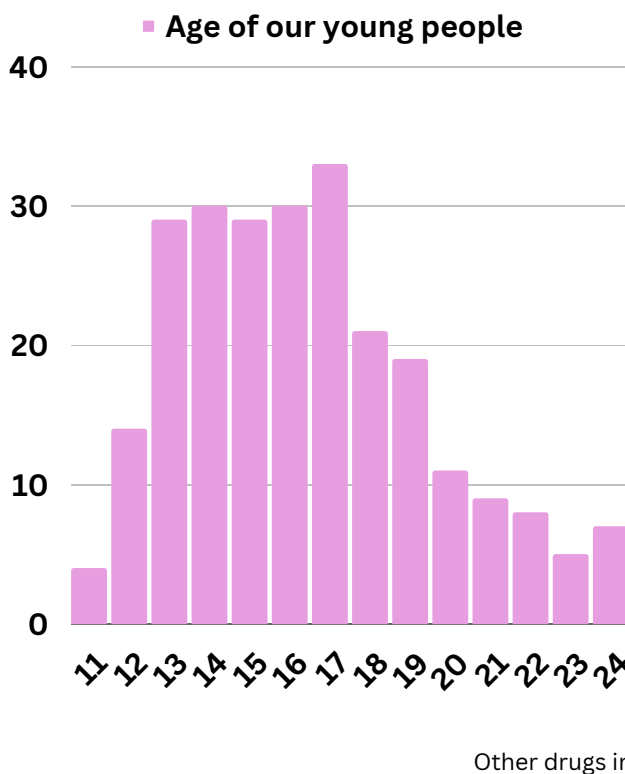
of young people are **care experienced**



of young people are **at risk of offending**

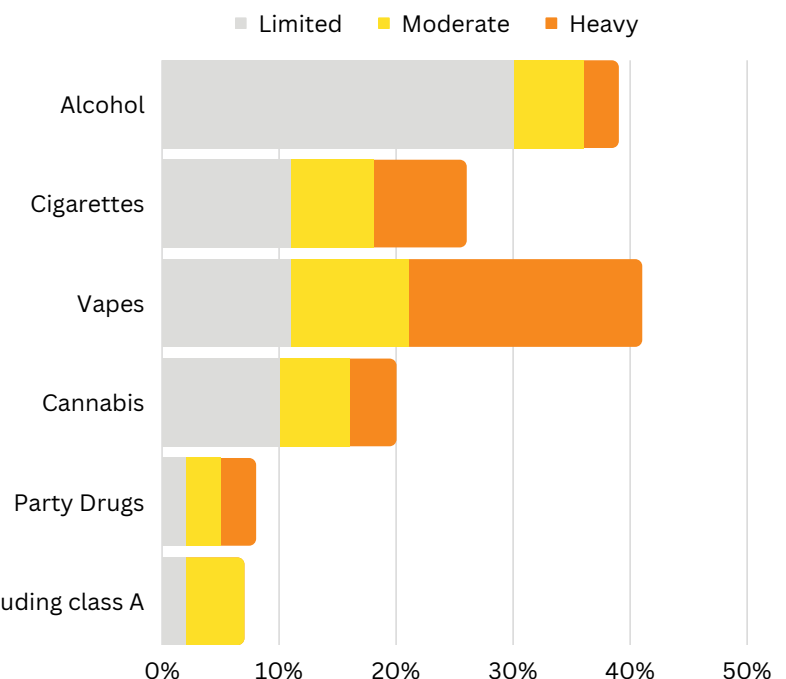


of young people are **at risk of exploitation**



## Substance Use

The percentage of young people who have classed their use as limited, moderate and heavy in each category



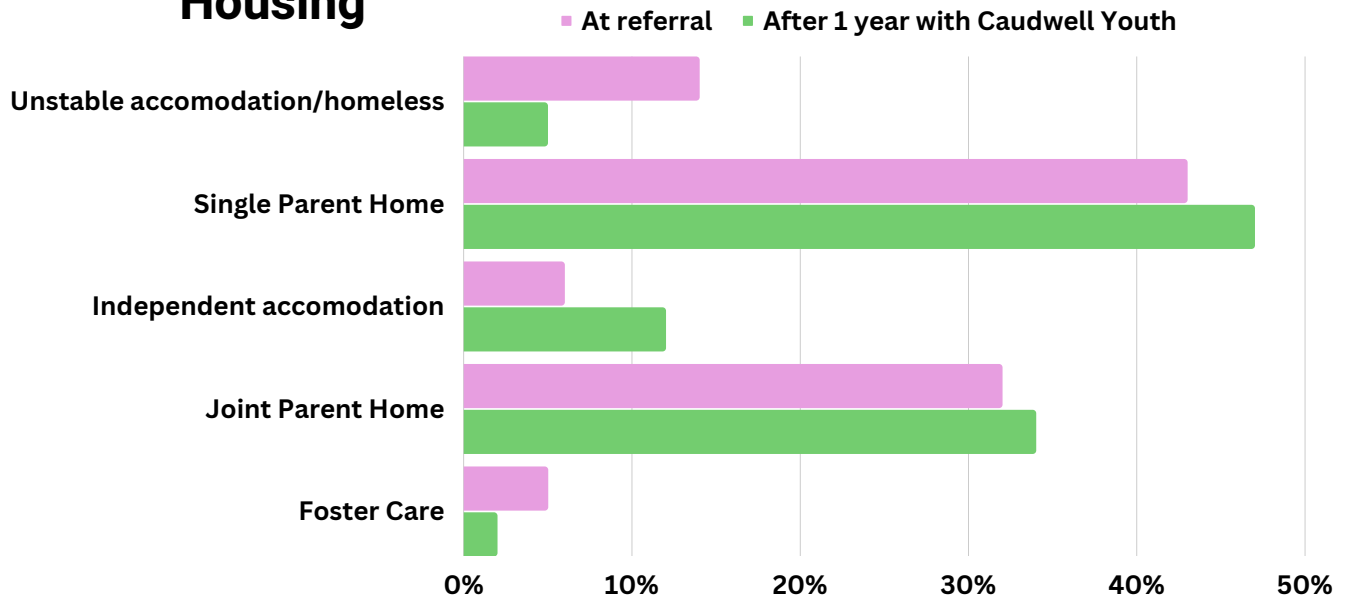
# Behind every statistic is a Young Person

Your support for the work of Caudwell Youth makes a real difference, shaping young people's futures.

Outcome		Description
Reduction of Offending Behaviour	70%	70% of Young People whose presenting need was 'at risk of offending', did not offend whilst working with us.
Reduction in Substance Use	13%	We have changed the way we measure substance use, we ask our young people to evaluate their usage of illegal substances, alcohol, vapes and cigarettes.
Increased engagement in Education	31%	31% who were NEET (not in education, employment or training) at referral are now EET (in education employment or training). This is a significant movement, especially as many young people needed support to reengage after the summer holidays.
Community Engagement	36%	36% of our young people are positively engaging in their local communities; through work, work experience, sport and volunteering, as compared to 25% at referral.
Reduction of Exploitation Risk	93%	93% of young people who were high risk of exploitation when they were referred to Caudwell Youth, have lowered their risk.
Improved Mental Health	85%	85% of young people have said their mental health has got better or stayed the same in the 2 weeks before taking the survey. (It is recognised that people struggle to reflect on their mental health over a period longer than 2 weeks.)
Social Relationships	42%	42% of young people have said their social relationships have improved since working with Caudwell Youth.
Life Goals	70%	70% of young people feel they are on track in achieving their goals set at their initial assessment. These are identified positive life goals regarding health, wellbeing, education, relationships and offending behaviour.
Mentoring	8/10	On average, Young People rated their mentoring an 8/10.

# Our Outcomes

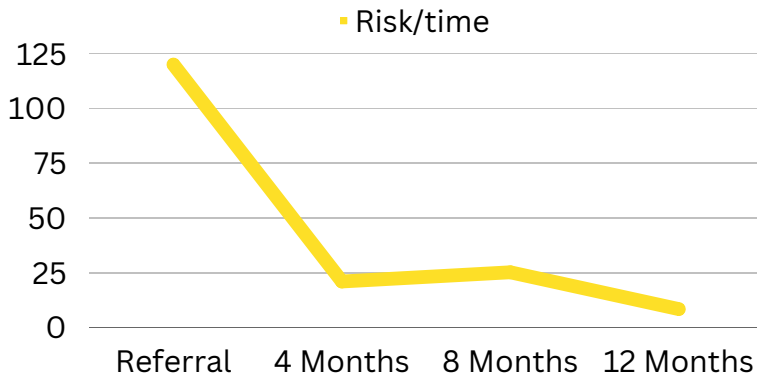
## Housing



**14%** of young people referred to us are in unstable accommodation or homeless, after working with Caudwell Youth for 1 year, **this is reduced to 5%**

## Exploitation risk

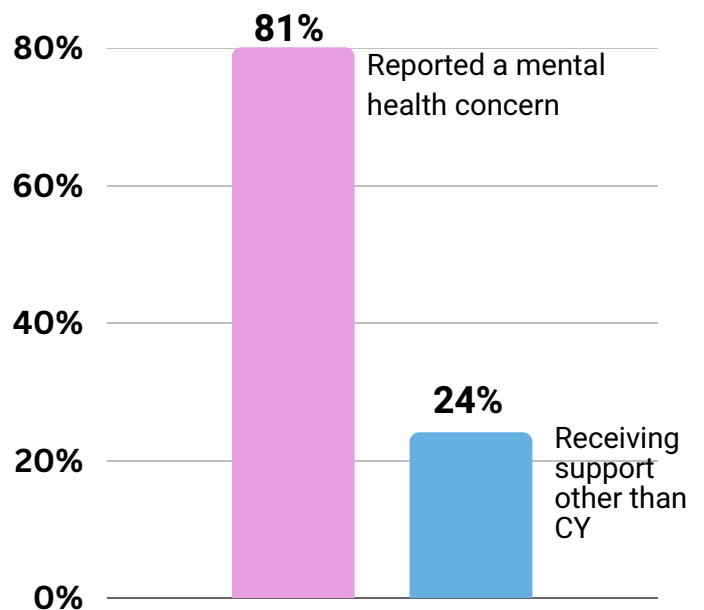
Number of young people who are considered high risk for exploitation.



*“Working with Caudwell Youth, I have more opportunity to be independent and meet other young people”*

*“Since working with Caudwell Youth, I can now open up and talk as this was something I struggled with before, my financial situation has improved as I made a claim for Universal Credit. I am working on my anxiety and learning to control this.”*

## Mental Health



# Our Outcomes



*"I have been more open to thinking about solutions to problems rather than just giving up since working with my mentor and YSC"*

*"My anger issues are a lot better now; no shouting, no fighting with siblings. I am going to school and know when my friends are good"*

*"Since working with Caudwell Youth, I have become a lot more aware of my mental health"*

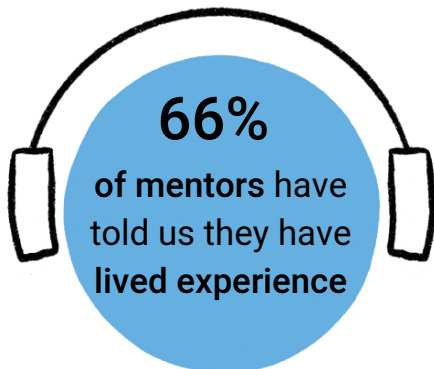
*"I reached out for help from my PA for the first time in a long time"*

*"I finally feel heard"*

*"I got a job and have become more confident at dealing with challenges. My mentor, YSC and me together as a team."*



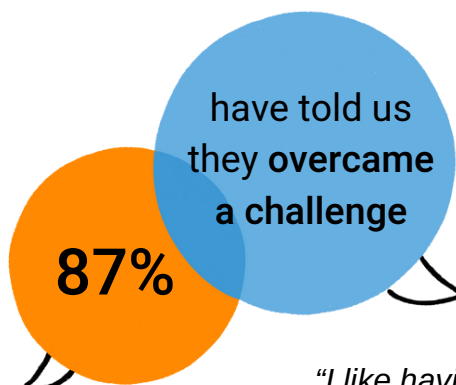
*"I have felt more confident and willing to try new challenges after meeting with my mentor"*



*"I have begun loving myself more, and become more accepting of my sexuality since working with Caudwell Youth"*

*"My confidence has definitely improved with being more independent and making friends, and I am able to recognise goals that I want to work on more easily."*

*"My YSC came to see me when I was having an argument with mum they helped us talk about how to manage the situation and we learnt a lot from it"*



*"I like having someone I can speak to and call when I am anxious or angry. I find I am more able to think about my problems better."*

*"My behaviour has calmed down and I'm not reacting to situations with anger."*

# Outcomes over the past 12 months

Outcomes will fluctuate. Part of our work is identifying these patterns and trends and responding to them.

Outcome	Oct 2023	May 2023	Feb 2023	
Reduction of Offending Behaviour	70%	87%	84%	
Reduction in Substance Use	13%	2%	25%	In May, we included the use of vapes as a concern in this category. In October we changed the way we measure the use of substances.
Increased engagement in Education	31%	26%	-	No figure was given in February as there was no significant movement
Community Engagement	36%	46%	73%	
Reduction of Exploitation Risk	93%	79%	83%	
Improved Mental Health	85%	88%	82%	
Social Relationships	42%	32%	41%	
Life Goals	70%	66%	71%	
Mentoring	8/10	8/10	8/10	