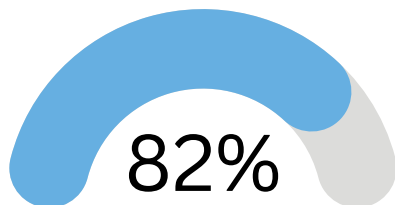


# Our Young People

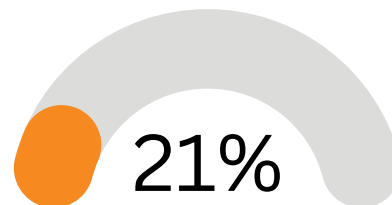
We have a breadth of knowledge and experience working with young people, in particular, those who are care experienced, facing mental health challenges, at risk of/offending and at risk of exploitation.

All our young people are experiencing at least one of these needs, however most experience multiple needs which compounds the level of risk they face. On average, our young people face 2 of these presenting needs.



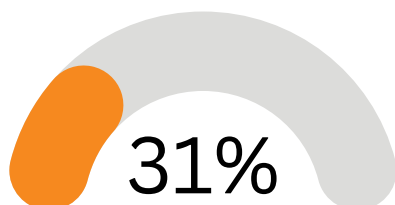
of young people report having **mental health challenges**

10% of children in the UK have a diagnosable mental health condition. Just over 1 in 3 children and young people with a mental health challenge get access to NHS care and treatment. 2 in 3 therefore DO NOT get access.



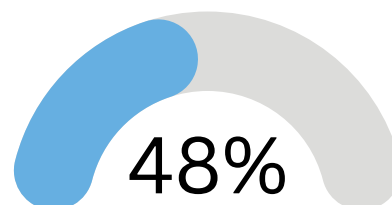
of young people are **care experienced**

41% of care leavers aged 19-21 years are not in education, employment, or training (NEET), compared to 12% of all 19- to 21-year-olds. Nearly 50% of under 21-year-olds in contact with the criminal justice system have spent time in care.



of young people are **at risk of offending**

Young people not in education, employment, or training (NEET) are 5 times more likely than their peers to become involved in the youth justice system and 3 times more likely to suffer depression, leading to longer term health problems and costs to society.



of young people are **at risk of exploitation**

Gang associated children were 77% more likely to have an identified mental health need than other children assessed by children's services – and twice as likely to have a history of self-harm.

"I have loved watching them come to a realisation that things can be positive, and working through things even though they are tough. "

- Mentor

# Behind every statistic is a Young Person

Your support for the work of Caudwell Youth makes a real difference, shaping young people's futures.

Outcome		Description
Reduction of Offending Behaviour	87%	87% of Young People whose presenting need was 'at risk of offending', did not offend whilst working with us.
Reduction in Substance Use	2%	The percentage of young people who describe their substance use as 'heavy' or 'moderate' has decreased by 2%. Since the last quarterly report, we have included the use of vapes as a concern in our substance use category, this has increased the number of young people identified in this area.
Increased engagement in Education	26%	26% of young people who were NEET at referral are now EET. This is a significant movement, especially considering the proximity to exam season which we find has a marked effect on the engagement of young people in Education.
Community Engagement	46%	46% of our young people are positively engaging in their local communities; through work, work experience, sport and volunteering, as compared to 25% at referral.
Reduction of Exploitation Risk	79%	79% of young people who were high risk of exploitation when they were referred to Caudwell Youth, have lowered their risk.
Improved Mental Health	88%	88% of young people have said their mental health has got better or stayed the same in the 2 weeks before taking the survey. (it is recognised that people struggle to reflect on their mental health over a period longer than 2 weeks.)
Social Relationships	32%	32% of young people have said their social relationships have improved since working with Caudwell Youth.
Life Goals	66%	66% of young people feel they are on track in achieving their goals set at their initial assessment. These are identified positive life goals regarding health, wellbeing, education, relationships and offending behaviour.
Mentoring	8/10	On average, Young People rated their mentoring an 8/10.

# Change and Challenges

**89%** of Young People have **overcome a challenge** in the last 3 months. Our Youth Support Coordinators and mentors work hard to support our Young People to build resilience and prepare for challenges ahead.

Some of our young people shared the challenges they have faced since working with Caudwell Youth.

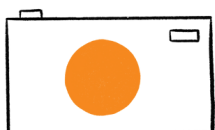
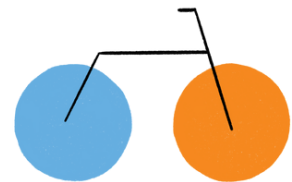
“ I am having friendship troubles at college and got into a fight with someone who used to be my friend. It's been hard to recognise who my real friends are and it's meant that people I think are my friends actually don't like me. After i got into the fight I messaged my mentor and Youth Support Coordinator and arranged for them both to see me. It helped me to speak to them as I feel they understand me. ”

“ I started a job on a Saturday morning at a local ice cream/coffee shop. It gets quite busy which makes me feel a little overwhelmed. I am proud that I have learnt about customer service skills and how to manage feeling stressed when it gets quite busy. ”



**66% of mentors** have told us they have **lived experience** of one of our 4 key support areas.


**74%** of our young people have reported a **positive change in their lifestyle** choices. This includes cutting down on vaping, increasing exercise, keeping a journal and cutting off unhealthy relationships.



**16%** of our young people have said their **financial management** has improved since working with Caudwell Youth.

" I'm really proud of all the progress they had made especially everything that happened with college. "

.- Mentor



**We asked our young people if there was anything they wanted to shout about, here are a few of their proudest achievements in the last few months.**

"Having a healthy baby and she's still in my care, and getting my flat"

"I'm a peer mentor at school and I help year 7's with general work & questions"

"I completed the 5K Your Way with Caudwell Youth."

"Going back to college and being half way finished. Joining CYC and being part of group of people I did not know previously."

"I haven't self harmed in about 2 months and have been using other techniques to manage those impulses."

"I got a new job in a pre-school as a qualified nursery practitioner."

I had a start to the year as my grandma passed away and I'm proud of how I'm dealing with my grief"

"I'm doing really well in English at college."

"I'm getting to the end of my college course which I am proud of and now I'm going to do health and social care at a new college in September. Really looking forward to it, hoping that it will help me get into the psychology field over the next few years."

"Started driving lessons and passed my theory test, Vended at a craft faire, I have almost completed my preparation for the convention I will be selling at at the end of may"

"Going to group therapy and engaging with Caudwell youth."

"Attending school and keeping better behaviour"

"Moved house and adapted well to new area."

